



Campus Update December 2005

UC Santa Barbara's Staff Assembly started the new academic year with two new members! While this may sound insignificant to the larger Staff Assemblies at our sister campuses, two new members is a big deal to our small organization.

Staff Assembly co-hosted two wellness workshops with the Work/Life Office. In October, a workshop was given on preventing the flu and colds, and in November a "sold-out" workshop was given on stress reduction featuring yoga techniques. These workshops will continue through winter and spring quarters.

Staff Assembly also held its first annual Spooky Halloween Competition. Members of Staff Assembly judged eight departments on their decorations and spirit, and held a noontime competition for individual costumes. Two departments were judged winners, along with contestants awarded in the individual costume contest. A special thanks to the trusty judges!

We are all looking forward to a productive and fun winter quarter!

Staff Assembly Executive Board:

Greta Halle, Co-Chair
Kim Summerfield, Co-Chair
Donna Coyne
Laura Crownover

Valerie De Veyra
Sally Foxen
George Hopwood
Martha Olsen

Check out our website at www.staffassembly.ucsb.edu