

# UCI QUARTERLY UPDATE

## CUCSA – MARCH 2006



### Staff Advisor Forum

- Staff Assembly was pleased to welcome Staff Advisors to The Regents, David Bell and Dave Miller, for a lunchtime forum for approximately 75 staff members. After being introduced by Executive Vice Chancellor Michel Gottfredson, the advisors were joined by Staff Assembly Chair Ramona Agrela, and Human Resources Director Gail Brooks for a presentation on their role with The Regents and the selection process for Mr. Bell's replacement. Later in the day, the advisors met with the Staff Assembly Council, the Executive Vice Chancellor and Chancellor Michael Drake for a more in-depth discussion of the program where they received enthusiastic support for their continued involvement.

### Learn at Lunch Series

- Recent Learn at Lunch topics have included: How to Take Advantage of Obtaining a Degree at UCI; How to Obtain an MBA While Working; Resources Available to Help You Manage Your UCI Career; Long Range Planning: The Future of UCI; and Understanding LASIK and Other Refractive Surgery. Upcoming events include: The Power of Public Listening; UCI Stem Cell Initiative; and Herbs and Homeopathy – How Do They Differ.

### Step Up UCI

- Step Up UCI was launched in January. The program is an activity based program designed for faculty and staff aimed at developing more active and healthier lifestyles. The philosophy is simple – by increasing the number of steps you take on a daily basis, your potential for good health and feeling great increases as well. A self-directed program championed by the Anteater Recreation Center, it received an overwhelming response with nearly 1,400 participants the first month! Program participants received a pedometer to chart their progress. A website ([www.campusrec.uci.edu/stepup/index.asp](http://www.campusrec.uci.edu/stepup/index.asp)) offers a variety of tools for monitoring progress including a step counter, suggestions for walking trails, and partner hookups. Using our sister campuses as walking goals, a variety of incentives have been developed including:
  - **250,000 Steps** = Walking to UCLA = Water bottle
  - **500,00 Steps** = Walking to UCSB = Workout towel
  - **1,000,000 Steps** = Walking to Merced = Step Up T-shirt
  - **1,500,000 Steps** = Walking to UC Davis = “Grab bag” filled with goodies from all our sponsors including Clif Bar, Woodway, Trader Joe's, OCTFCU and Fidelity.



- **New Employee Orientation**

A terrific new employee orientation program was recently released to the campus. The program is available to staff via the web (<http://www.hr.uci.edu/eneo/>) or on CD so that it is available for easy access. Check it out!

- **Staff Scholarships**

Staff Assembly has been very successful in selling Entertainment Books to raise funds for staff scholarships. The EVC and Chancellor both provide matching funds for fundraising activities. Last year, thirty \$300 scholarships were awarded to assist staff participating in degree programs.

- **Meal With Mike**

Executive Vice Chancellor & Provost, Mike Gottredson, continues to have informal lunches with staff bimonthly. Generally four to five staff join the EVC along with a Staff Advisor facilitator to have a relaxed lunch at the University Club. The topics of conversation are wide open and the EVC is very candid in his responses.