



Office of the President  
**Staff Assembly**  
University of California

## **UCOP Campus Update March 2013**

### **2012 CUCSA Staff Engagement Survey**

Systemwide and local Staff Engagement Survey documents and information were posted on our OP Staff Assembly website in January. This was closely followed on January 29 with a presentation of the survey results for UCOP employees led by Executive Vice President Nathan Brostrom and OP Staff Assembly Chair and CUCSA Senior Delegate Jeanie Urban, along with CUCSA Chair Steve Garber who provided background on the survey and Employee Relations Director Joe Epperson, as well as UCOP Local HR Executive Director John Fox and representatives from the local HR office and OP Staff Assembly. The meeting was well attended and included an animated question-and-answer session after the presentation. EVP Brostrom committed to following up on issues raised by the survey and during the forum. A variety of ideas to begin the process of moving forward toward improving staff engagement at UCOP are being explored.

### **UCOP Wellness - Update**

OP Staff Assembly is continuing its partnership with Wellness at UCOP to sponsor Weight Watchers (WW) at Work. The first WW series began on November 14, 2012. As of mid February, the group has lost approximately 202 lbs! The next group of sessions begins on March 19. We are also looking forward to working closely with UC Health Sciences and Services to feature a series of brown bags on health in the workplace. This effort kicked off in February with a presentation on "Nutrition 101: A Healthier You", a brown bag co-hosted by UC Health Sciences and Services and UC Agriculture and Natural Resources. This presentation explored how the food environment influences our ability to maintain a healthy weight.

### **Admissions/Financial Aid Brown Bag Series**

OP Staff Assembly is sponsoring a series of workshops on financial aid for UCOP employees presented by Nancy Coolidge, Associate Director of Student Financial Support. There have been two informative sessions so far this quarter with the first addressing education tax credits and deductions and other savings options – and a second presentation comparing financial aid awards from different schools with tips for lowering the cost of college. The third and final brown bag in May will focus on education loan repayment tips for students and parents.

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